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WHAT IS CLAIMED IS:

1. A heel protector comprising:

a body member made of a flexible fabric material for being worn on the feet;

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an inner pad member coupled to an inside of the body member for

accommodation to an area where a heel is located when the heel protector is worn,

wherein both distal ends of longitudinal direction of the inner pad member are

coupled to the body member, and two areas of the inner pad member accommodated to

both lateral sections of the heel are coupled to the body member, such that the inner

pad member can relatively slide in relation to the body member when the heel

protector is worn.

2. The heel protector as defined in claim 1, wherein the body member has a

cylindrically bent shape.

3. The heel protector as defined in claim 1, wherein the inner pad member has a

substantially oblong shape, and each of the two areas coupled to the body member is a

portion of a lateral distal end of the inner pad member.

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4. The heel protector as defined in claim 3, wherein the inner pad member is cut in the shape of a "V" at both longitudinal central portions of edges thereof.

- 5. The heel protector as defined in claim 1, wherein the body member is provided
- 5 with an elastic band at at least one of upper and lower distal ends thereof.